

## SHAPING YOUR FUTURE - WORKSHOP REPORT

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### Facilitator

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### Content

#### **A career path in Academia or Industry? How to identify your transferable skills?**

Whether you wish to pursue a career in Academia or Industry it's essential in your job search to clarify: What are my key achievements and results? What are my personal as well as professional skills? And how do I make these academic skills transferable in my CV when applying for a position, networking or preparing answers to possible interview questions?

This workshop focuses on using the competency tool the STAR-method (Situation, Task, Action & Results) to identify core competencies, strengths as well as results.

The content of this interactive workshop focuses on inspiring researchers, and sharing practical methods and tools as well as providing suggestions on how one can strengthen and personalise your job application material. Some of the questions the workshop goes in depth with include:

- What can I?
- What are my strengths?
- What do I offer a potential employer?
- How do I create clarity about my core skills and at the same time make sure I'm proactive in my job search?
- How can the STAR-method tool be used in this process?

### Output & testimonials

This workshop has provided participants with a hands-on tool to better identify relevant competencies, transferable skills and how these may be applicable in their future career job search. The testimonials below provide input on the participant's learnings:

- *I got a useful tool to modify my CV.*
- *I got more conscious of myself; Simple is better than a long CV!*
- *Tell a logical story about yourself in your application.*
- *I identified some of my strengths and skills, how to relate things in my CV instead of listing it and focus on prospective writing!*
- *Future based CV writing with emphasis of what you can do for the company*
- *Advertise yourself!*
- *How to list and link relevant buzz words to my profile, based on the STAR method.*
- *Rethinking of my professional and personal skills, knowledge and experience.*
- *Give more value to myself and what I'm able to do!*
- *When selling myself, I may not have a second chance with an employer in industry so I've to go straight to what I could do for them!*
- *Many types of CV depend on what's the position.*
- *Extract relevant description of yourself.*
- *Use our characteristics to catch the company's attention!*